

New Directions In Health Presents...

A New Direction in Healing

Why Lasting Change Is Now Possible



Want to learn how the latest science behind the brain-body connection can help you feel better? This talk explores how it can relieve neck, back, and headache pain, reduce stress and tension, improve mobility and energy, and support lasting change in your overall well-being.

*Presented by Dr. Paul Meschino & Dr. Michael Friedman
Chiropractors focused on the latest Neuroplastic Approach for the relief from pain, stress, tension and illness*

Where: New Directions In Health 9131 Keele St., Unit B1 Vaughan, Ontario

When: Saturday January 24, from 10:00 AM – 11:00 AM

In Person - Everyone Welcome!!

For more information: 905 737 0810 or visit newdirectionsinhealth.net